

# Northwood Husky Athletics

## 6th Grade Sports - 2023-24

### 6th Grade Start Date

- **Cross Country** - Sept 5, 2023
- **Girls Volleyball** - Oct 2, 2023
- **Wrestling** - End of October
- **Track** - After Spring Break
- **Basketball** - Beginning of May

### Middle School Philosophy

- **Participation** – emphasizing fun, teamwork, & lifelong play
- **Skills Building** – presenting developmentally appropriate practice
- **Sportsmanship** – developing a positive team attitude, self-control, mutual respect with opponents, positive adult role models, and celebrating excellent play
- **Competitive Balance** – promoting equal opposition and balancing competition through communication and scheduling

### Registration (Cross Country, Volleyball, Wrestling, Track, Basketball)

- **Register** for sports through **FamilyID** - Northwood website (Student Life - Athletics)
- Only open **1 account** - get help from FamilyID if you forget your password
- Don't sign up for everything unless you **really mean it!**
- **Pay fees** online or in the business office (\$35 participation + \$15 ASB = \$50)
- Get a **physical this summer** which will be good through the end of 7<sup>th</sup> grade

### Practices, Games & Activity Buses

- Practices are after school from **2:30-4:45 pm**
- Games & meets will start between **3:30-5:15 pm**
- Please pick up athletes in front of the school promptly after practices/games/meets
- **Activity buses** run Monday-Thursday and pick athletes up at **5:00 pm**

### Academics

- Checked at least 2 times per season - **2.0 or passing 5 of 6 classes**
- **Academic Probation** means no games for the week
- **Academic Suspension** means no games or practices until grades are eligible

### Fans

- Let our **Northwood coaches** work with our athletes on the floor
- Let our **officials** call the game
- Student **cannot stay** to watch their friends unless they go home on the bus first and return **with a parent**

### Communication Loop

- **Athlete to Coach**
- **Parent & Athlete to Coach**
- **Parent, Athlete, & Coach to AD**
- **Parent, Athlete, Coach, & AD to Admin**

