

Husky Families,

It is hard to believe it is already April. Northwood students have done an outstanding job this year. I know we are all looking forward to Spring Break, but I am excited to see how we finish the school year. These next couple of months will be busy for students and families as we push to keep improving right up until the last day of school. Even though the end of the year is approaching, there are still so many opportunities left for us to grow. Northwood students showed great growth on the MAP testing data, and I am excited to see their growth as we push to the end and enter our last round of testing in May and June.

A record number of students have turned out for sports, clubs, and music opportunities this year. It is encouraging to see so many kids participating in activities they love. Students who are connected and engaged will benefit in their success at school. The number of students participating in after school activities at Northwood is as high as we have ever seen. There is still another season coming right after break, so hopefully more students will have a chance to get involved. March and April are also busy months for our music students. Our music programs performed magnificently this month, which you will be featured in our May newsletter.

Finally, I would like to highlight and thank Pat Round, Assistant Principal and Athletic Director, for starting Unified Sports at Northwood Middle School. I would also like to thank our coaches and athletes. Unified Sports combines athletes of multiple backgrounds, abilities, and needs together to form one team. This year we started with a Unified Bowling Team, and our students performed and represented Northwood so well. As we strive to create a culture where each student feels safe, included, accepted for who they are, valued, and believed in, Unified Sports is a perfect fit. What makes Northwood most powerful is that we are all different, yet we share similar experiences. Our kids come from so many different backgrounds, and it is our job, staff and students, to recognize each other, include each other, and believe in each other. This will continue to be our mission, because students will not maximize their growth if we falter in this area. We can't miss a kid.

As always, it is an honor to work with our community and your students. I hope your family has a great break and we look forward to helping your kids continue to grow when they return.



Troy Hughes Northwood Principal We Believe in You!

MIDDLE SCHOOL SPORTS MATTER!

Use QR code to access Husky Athletics Page

THANK YOU, 8TH GRADE BASKETBALL PARENTS! The 8th grade girls and boys basketball teams wrapped up their season this last week. We're really proud of their hard work. We appreciate your great attitude and sportsmanship in the stands as well. Thank you for supporting all of our athletes, coaches, and officials!

HUSK

BASEBALL AND TRACK START ON APRIL 10! We already have 47 baseball players registered and 160 track athletes registered for the spring season. Please make sure your athlete is ready to go right after Spring

Break with a complete registration and an updated physical if needed. Practice starts right after school and goes until about 4:50, Monday-Friday for the first 2 weeks.

Coaches will send out an updated practice and game/meet schedule. The schedules can also be found on our Athletics website, which is connected to the "Student Life" link. Athletes will not be able to participate until their registration is complete.

GRADES MATTER - FINISH STRONG!

APRIL 2023

As we move into the 4th quarter, student-athletes are encouraged and expected to maintain academic eligibility. It's one reason why middle school sports matter! Student-athletes become accountable to a team and a greater purpose. Student athletes are expected to maintain a 2.0 GPA and cannot have 2 or more "F's". Grades are checked every other week throughout the season. Please continue to monitor and support your student-athlete.

6TH GRADE GIRLS & BOYS BASKETBAIL STARTS ON MAY 8TH - REGISTRATION IS OPEN

6th grade sports wrap up with basketball in May. Please register using the link on our Athletics website. If your child does not have an updated physical , please get it scheduled & provide a copy to the Northwood Business Office before the first day of practice.

Fees include: ASB \$15 & Participation \$35 (one-time for all sports).

TRACK & BASEBALL PARENTS = Please pick up all athletes after their games or practices in the front parking lots of the school or in the north parking lot of the Pittsburg Learning Center. PLEASE DO NOT PARK IN THE BACK BUS LOOP/FIRE LANE AT ANY TIME FOR ANY REASON OTHER THAN AN EMERGENCY!

COMING SOON! REGISTRATION FOR FAIL SPORTS 2023 - 6/7/8 CROSS COUNTRY, 7/8 FOOTBALL, 7/8 SOFTBALL, & 6TH GIRLS VOLLEYBALL



Athletic Director: Mr. Round patrick.round@mead354.org

and the second sec



Testing begins May 2023

Along with spring comes spring testing! We will complete our district and state tests in May, but I want to get this out to families because I know many of you are already preparing.

Here are the dates we will be testing in May:

- May 8-12 MAP testing in both ELA and Math
- May 17th and 18th Science state tests for 8th-graders only
- May 22-24 ELA performance task state test
- May 24-26 Math computer adaptive state test
- May 30-31 ELA computer adaptive state test
- May 31-June 2 Math performance task state test

This year students will take all of their tests in their ELA and Math classrooms during the periods that they have those classes. While these dates are still 6-8 weeks away, please mark them on your calendars and do your best to work around them.

I will have more information for you in the coming weeks as these dates get closer as well.

If you have questions about these tests you can contact me at matt.walter@mead354.org or 509-465-7500.

Thanks,



APRIL 2023



Matt Walter Assistant Principal Northwood MS



Ryer K-7th grade Husky

APRIL 2023

Ryer has had an incredible journey as a youth ambassador for a nonprofit in San Francisco: Bay Ecotarium | Aquarium | To Preserve San Francisco's Watershed. It includes the Aquarium of the Bay where Ryer's special otter friend "Ryer" lives. The aquarium refers to them as Ryer the Human and Ryer the Otter. Ryer does public speaking at events for them around climate change and ocean conservation.





Rver has been invited to Bergen, Norway April 12-20 to speak as vouth ambassador on ocean conservation and climate change for One Ocean Week. It is a week-long celebration full of events and activities focused on climate change and ocean conservation. It is part of the celebration of the return of the One Ocean Expedition on April 15 presided over by the King of Norway.

Unified Sports @ Northwood

Unified Sports combines athletes of multiple backgrounds, abilities, and needs together to form one team. This year we started with a Unified Bowling Team, and our students performed and represented Northwood so well. As we strive to create a culture where each student feels safe, included, accepted for who they are, valued, and believed in, Unified Sports is a perfect fit. What makes Northwood most powerful is that we are all different, yet we share similar experiences. Our kids come from so many different backgrounds, and it is our job, staff and students, to recognize each other, include each other, and believe in each other. This will continue to be our mission, because students will not maximize their growth if we falter in this area.



HUSKY HAPPENINGS

Northwood Events

APRIL 2023

Joya Penny Drive @ Northwood

When we return from spring break, Northwood will be starting a penny drive for Joya, previously known as The Spokane Guilds' School and Neuromuscular Center. Kamryn Walker, an 8th grade leadership student, is tightly connected with this organization. She has two younger siblings who were served by Joya. Kamryn's sister, Adelaide, has level 3 non-verbal Autism, and her brother Maximilian had a stroke at birth along with over 100 seizures. Here is a link to a Joya video that shares Kamryn's family's story. The penny drive also helps Northwood recognize Autism Awareness Month which starts in April.





April 17th-28th

Containers will be located in 1st period classes for students to donate change from April 17th- April 28th. This service activity comes from the heart of a Husky who wants to make a difference for her family and other families like her's. Please consider donating to Joya, a non-profit organization, that believes "EVERY CHILD IS LIMITLESS!"



QTR 3 ENDS FRIDAY, APRIL 7TH



One quarter left to go. Perservere and finish strong for the 2022-23 school year!

Tuesday, May 2nd @ Mt. Spokane High School



Home of the Huskies

7th grade Career Fair **Over 40 careers** will be represented

Permission slips and more information will be sent home during the week of April 17th

We are excited to announce that the Mead School District will be hosting its 1st annual Career Fair for all 7th grade students

NORTHWOOD IDOLE SCHOOL

The Career Fair will take place on Tuesday, May 2nd @ Mt. Spokane High School

Northwood Middle School 12908 N Pittsburg St Spokane, WA 99208 P: 509-465-7500 F: 509-465-7520

Boys & Girls Club is located next door to Northwood Middle School in The Pittsburg Learning Center

Students can register to ride activity bus

BOYS AND GIRLS CLUBS OF SPOKANE COUNTY

Where great futures grow

Membership Hanbook

Every guardian of a club kid must read and be familiar with the current Membership Handbook for BGC of Spokane County. The Northtown location requires a parent/guardian orientation <u>before</u> the kid is able to attend.

MEMBERSHIP

Membership keeps the kid(s) in our system

- Membership lasts September August
- \$30 Fee for the whole year
- · Any Washington State insurance in the kids name will wave the fee
 - Molina
- Apple Health
- Amerigroup
 Community Health
 - United Healthcare

SCHOOL YEAR

There is a one time fee for the school year after school program. This includes care from 3-6pm after school days. Excludes holidays, parent teacher conferences, bad weather days, etc.

Kids receive supper and a snack every day.

Free/Reduced lunch prices are only given with a physical copy of the free/reduced letter in the club. Must be renewed every year.



Lisa Stiles-Gyllenhammer
 Boys and Girls Club

(509) 368-9175

13120 N Pittsburg St, Spokane, WA 99208

Northtown Boys and Girls Club

(509) 489-0741

544 E Providence Ave, Spokane, WA 99207

SUMMER AND SCHOOL YEAR DAY CAMP

Sunrise Program

This program opens the club 7-9am. The kids are served breakfast. It costs \$20 addition to the price of the week at camp.

Day Camp

This program is open 9am-6pm. Drop off @9am at the earliest. The kids are served supper and a snack approved by OSPI. The prices below is a one-time payment per camp.



The district does not sponsor or endorse this event/information and the district assumes no responsibility for it.

LSG **TEEN PROGRAM**

Daily Program

The 6-12 grade teen rooms has adjusted programs and schedule to fit their interests and maturity levels. The staff curate the programs around the current teens. It is also a great place for teens to meet friends from other schools.

- Money Matters
- Social Emotional Learning
- Homework help
- Student voice prioritized
- Tech Time
 - BOYS & GIRLS CLUBS OF SPOKANE COUNTY

Leaders In Training

PEN

LIT is a daily 2-hour day camp program to help the teens grow as leaders in today's society. There is a different theme every week.

- Field trips
- Discussions
 - - Group work and research

Mind and body

health

Job preparedness

Projects

Mt. Spokane HS - National honor society tutors Tuesday, Wednesday and Thursday from 2:30-4:30 Student services office across from main office

2023 National Honor Society Tutors - Mead HS

Jaralyn Nickerson <u>nicke70937@mead354.org</u> (509) 818-4287 Geometry, French I & II, Biology

Savi Bhat <u>BHATSAV016@mead354.org</u> (509) 954-6279 Algebra, Geometry, Algebra II/Trig. Adv. Pre-Calc.

Hudson Byrd BYRDHUD014@mead354.org (509) 998-0400 All Math Levels through Calc., World History English, Chemistry

Mead High School Dance Team Tryouts



Calling all Mead-bound dancers! The Mead Dance Team is holding its annual tryouts May 15th-17th from 4:30-7:30 in Mead's gym. They are looking for talented individuals who are passionate about dance and ready to commit to a dedicated team for the upcoming school year. Assessed skills are double pirouettes, jumps and leaps, turns in second, showmanship, overall attitude, and mindset. Tumbling is not required but always encouraged to show off! All applicants are required to sign up on Family ID as well as turn in an application form with three teacher recommendations before the first day of tryouts. If you have any questions, don't hesitate to reach out to the coach at angela.pierson@mead354.org or on Instagram @meaddance. Looking forward to seeing you at tryouts and good luck!

STAND & Raise EMPOWERMENT SPEAKER SERIES





"SOCIAL MEDIA SIDE EFFECTS: ADDRESSING RISING RATES OF MENTAL ILLNESS IN OUR YOUTH" By Mitch Prinstein, PhD, ABPP & Eva Telzer, PhD







"WHAT A DETECTIVE, ER DOCTOR, THERAPIST, AND PRINCIPAL WISH PARENTS KNEW ABOUT TECH" By Mike Yarina, Jed Walker, Jill Anderson, & Mike Rice



"HOW PREDATORS TARGET OUR CHILDREN AND WHAT WE CAN DO" By CASEY JONES, National Center for Missing and Exploited Children



"HOW TO CONNECT WITH YOUR CHILDREN IN AN AGE OF DISCONNECTION" By Ralphie Jacobs, Simply On Purpose





ProjectSTAND.org I © Project STAND 501(c)(3), All Rights Reserved Not endorsed by Mead School District

HUSKIES HELPING HUSKIES

See Something Hear Something Say Something

24-Hour Regional Crisis Line

1.877.266.1818

Operated by Frontier Behavioral Health



Emergency Call 9-1-1 Suicide Conerns call 1.877.266.1818 or text 741741

The Northwood Counseling Team is available to help



Use QR code for direct access to Northwood Counselor's Page Call 509.465.7527 to speak with one of our counselors Alana Cummings Brock Salzman

What should I do if... I believe someone may want to injure themselves? I'm having thoughts of injuring myself? Find a trusted adult, call 911 & report

(you can remain anonymous)

Made with PosterMyWall.com